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|                        |                                                                     |                                | 食物アレルギー<br>Food allergens |                               |      |        |       |           |     |      |        |                                                 |         |       |            |        |            |      |      |        |        |          |         |         |        |      |               |       |       |         |      |
|------------------------|---------------------------------------------------------------------|--------------------------------|---------------------------|-------------------------------|------|--------|-------|-----------|-----|------|--------|-------------------------------------------------|---------|-------|------------|--------|------------|------|------|--------|--------|----------|---------|---------|--------|------|---------------|-------|-------|---------|------|
| メニュー名                  | Menu Name                                                           | エネルギー<br>(kcal)／杯<br>Kcal/meal | 該当なし<br>N / A             | 特定原材料<br>Allergenic materials |      |        |       |           |     |      |        | 特定原材料に準ずるもの<br>Potentially allergenic materials |         |       |            |        |            |      |      |        |        |          |         |         |        |      |               |       |       |         |      |
|                        |                                                                     |                                |                           | えび                            | かに   | くるみ    | 小麦    | そば        | 卵   | 乳    | 落花生    | アーモンド                                           | あわび     | いか    | いくら        | オレンジ   | カシューナッツ    | キウイ  | 牛肉   | ごま     | さけ     | さば       | 大豆      | 鶏肉      | バナナ    | 豚肉   | マカダミアナッツ      | もも    | やまいも  | りんご     | ゼラチン |
|                        |                                                                     |                                |                           | Shrimp                        | Crab | Walnut | Wheat | Buckwheat | Egg | Milk | Peanut | Almond                                          | Abalone | Squid | Salmon roe | Orange | Cashew nut | Kiwi | Beef | Sesame | Salmon | Mackerel | Soybean | Chicken | Banana | Pork | Macadamia nut | Peach | Apple | Gelatin |      |
| イカとたらこの柚子風味            | Cod Roe Sauce Spaghetti with Squid & Yuzu                           | 534                            |                           |                               |      |        | ●     |           |     |      |        | ●                                               |         |       |            |        |            |      |      |        | ●      | ●        |         | ●       |        |      |               |       | ●     |         |      |
| ナスとベーコンのトマトソース         | Tomato Spaghetti with Eggplant and Bacon                            | 809                            |                           |                               |      |        | ●     |           | ●   | ●    |        |                                                 |         |       |            |        |            |      |      |        | ●      | ●        |         | ●       |        |      |               |       |       |         |      |
| たっぷり野菜のボロネーゼ           | Vegetable-Packed Bolognese                                          | 610                            |                           |                               |      |        | ●     |           | ●   | ●    |        |                                                 |         |       |            | ●      |            |      |      |        | ●      | ●        |         | ●       |        |      |               |       |       |         |      |
| 和風カルボナーラ               | Japanese-style Carbonara                                            | 549                            |                           |                               |      |        | ●     |           | ●   | ●    |        |                                                 |         |       |            |        |            |      |      |        | ●      | ●        |         | ●       |        |      |               |       | ●     |         |      |
| 海老とアボカドのバジルソース         | Basil Sauce Fresh Pasta with Shrimp & Avocado                       | 521                            |                           | ●                             |      |        | ●     |           | ●   | ●    |        |                                                 |         | ●     |            |        |            |      |      |        | ●      | ●        |         | ●       |        |      |               |       | ●     |         |      |
| とろ〜りモッツアレラのトマトソース      | Tomato Sauce Fresh Pasta & Mozzarella Cheese                        | 630                            |                           |                               |      |        | ●     |           | ●   | ●    |        |                                                 |         | ●     |            |        |            |      |      |        | ●      | ●        |         | ●       |        |      |               |       | ●     |         |      |
| 豚しゃぶと九条ねぎの生姜醤油         | Ginger Soy Sauce Spaghetti with Shabu-Shabu Pork & Kujo Green Onion | 587                            |                           |                               |      |        | ●     |           |     |      |        |                                                 | ●       |       |            |        |            |      |      |        | ●      | ●        |         | ●       |        |      |               | ●     |       |         |      |
| 3種きのこ濃厚ポルチーニクリーム 生パスタ  | Rich Porcini Mushroom Cream Fresh Pasta with Three Kinds Mushrooms  | 472                            |                           |                               |      |        | ●     |           | ●   | ●    |        |                                                 |         |       |            | ●      |            |      |      |        | ●      | ●        |         | ●       |        |      |               |       | ●     |         |      |
| 焼きスパ アスパラとベーコンのペペロンチーノ | Peperoncino Spaghetti with Asparagus & Bacon                        | 674                            |                           |                               |      |        | ●     |           | ●   | ●    |        |                                                 |         |       |            |        |            |      |      |        | ●      | ●        |         | ●       |        |      |               |       | ●     |         |      |
| 焼きスパ 小海老の塩バジリコ         | Basil Salt Spaghetti with Shrimp                                    | 631                            |                           | ●                             |      |        | ●     |           |     |      |        |                                                 |         |       |            |        |            |      |      |        |        | ●        |         | ●       |        |      |               |       |       |         |      |
| 焼きスパ 海老とアスパラのバジルソース    | Basil Sauce Spaghetti with Shrimp                                   | 571                            |                           | ●                             |      |        | ●     |           | ●   | ●    |        |                                                 |         |       |            |        |            |      |      |        | ●      | ●        |         | ●       |        |      |               |       | ●     |         |      |
| 焼きスパ 小海老の明太マヨネーズ       | Spicy Cod Roe Mayonnaise Spaghetti with Shrimp                      | 784                            |                           | ●                             |      |        | ●     |           | ●   |      |        |                                                 |         |       |            |        |            |      |      |        | ●      | ●        |         | ●       |        |      |               | ●     | ●     |         |      |
| 焼きスパ 茄子とベーコンの和風スパゲティ   | Japanese-style Spaghetti with Eggplant & Bacon                      | 648                            |                           |                               |      |        | ●     |           | ●   | ●    |        |                                                 |         |       |            |        |            |      |      |        | ●      | ●        |         | ●       |        |      |               |       |       |         |      |
| 焼きスパ ほうれん草とベーコンの醤油バター  | Soy Sauce Butter Spaghetti with Spinach & Bacon                     | 656                            |                           |                               |      |        | ●     |           | ●   | ●    |        |                                                 |         |       |            |        |            |      |      |        | ●      | ●        |         | ●       |        |      |               |       |       |         |      |
| 焼きスパ きのことベーコンの醤油バター    | Soy Sauce Butter Spaghetti with Mushroom & Bacon                    | 652                            |                           |                               |      |        | ●     |           | ●   | ●    |        |                                                 |         |       |            |        |            |      |      |        | ●      | ●        |         | ●       |        |      |               |       |       |         |      |
| 焼きスパ チキンとほうれん草の柚子胡椒風味  | Yuzu Pepper Spaghetti with Chicken & Spinach                        | 604                            |                           |                               |      |        | ●     |           |     |      |        |                                                 |         |       |            |        |            |      |      |        | ●      | ●        |         | ●       |        |      |               |       |       |         |      |
| 焼きスパ ナポリタン(太麺)         | Napolitana Spaghetti                                                | 743                            |                           |                               |      |        | ●     |           |     |      |        |                                                 |         |       |            |        |            |      |      |        | ●      | ●        |         | ●       |        |      |               |       | ●     |         |      |
| 焼きスパ たまべ(太麺)           | Peperoncino Spaghetti with Eggs                                     | 769                            |                           |                               |      |        | ●     |           | ●   | ●    |        |                                                 |         |       |            |        |            |      |      |        | ●      | ●        |         | ●       |        |      |               |       | ●     |         |      |
| ミートソース                 | Meat Sauce Fresh Pasta                                              | 447                            |                           |                               |      |        | ●     |           | ●   | ●    |        |                                                 |         |       |            | ●      |            |      |      |        | ●      | ●        |         | ●       |        |      |               |       |       |         |      |
| ベーコンとブロッコリーのトマトソース     | Tomato Sauce Fresh Pasta with Broccoli & Bacon                      | 553                            |                           |                               |      |        | ●     |           | ●   | ●    |        |                                                 |         |       |            |        |            |      |      |        | ●      | ●        |         | ●       |        |      |               |       |       |         |      |
| ナスとモッツアレラのトマトソース       | Tomato Sauce Fresh Pasta with Eggplant & Mozzarella Cheese          | 563                            |                           |                               |      |        | ●     |           |     | ●    |        |                                                 |         |       |            |        |            |      |      |        | ●      | ●        |         | ●       |        |      |               |       |       |         |      |
| チキンとブロッコリーのトマトクリーム     | Tomato Cream Sauce Fresh Pasta with Chicken & Broccoli              | 579                            |                           |                               |      |        | ●     |           |     | ●    |        |                                                 |         |       |            |        |            |      |      |        | ●      | ●        |         | ●       |        |      |               |       |       |         |      |
| アスパラとベーコンのバジルクリーム      | Basil Sauce Fresh Pasta with Asparagus & Bacon                      | 503                            |                           |                               |      |        | ●     |           | ●   | ●    |        |                                                 |         |       |            |        |            |      |      |        | ●      | ●        |         | ●       |        |      |               |       | ●     |         |      |

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|                           |                                                           |                                |                           | Shrimp                        | Crab | Walnut | Wheat | Buckwheat | Egg | Milk | Peanut | Almond                                          | Abalone | Squid | Salmon roe | Orange | Cashew nut | Kiwi | Beef | Sesame | Salmon | Mackerel | Soybean | Chicken | Banana | Pork | Macadamia nut | Peach | Yam  | Gelatin |
| 鉄板ナポリタン                   | Napolitan Spaghetti Hot Plate                             | 845                            |                           |                               |      | ●      |       | ●         | ●   |      |        |                                                 |         |       |            |        |            |      |      |        | ●      | ●        |         | ●       |        |      |               |       |      |         |
| ナポリタン赤                    | Napolitan Spaghetti Red                                   | 716                            |                           |                               |      | ●      |       | ●         | ●   |      |        |                                                 |         |       |            |        |            |      |      |        | ●      | ●        |         | ●       |        |      |               |       |      |         |
| 倍ナポリタン赤                   | Double Napolitan Spaghetti Red                            | 1,269                          |                           |                               |      | ●      |       | ●         | ●   |      |        |                                                 |         |       |            |        |            |      |      |        | ●      | ●        |         | ●       |        |      |               |       |      |         |
| セットのサラダ                   | Set Salad                                                 | 27                             |                           |                               |      | ●      |       | ●         | ●   |      |        |                                                 |         |       |            |        |            |      |      |        | ●      | ●        |         |         |        |      |               | ●     | ●    |         |
| たんぱく質が摂れるバジルチキンとアボカドのサラダ  | Basil Chicken & Avocado Protein Rich Salad                | 267                            |                           |                               |      | ●      |       | ●         | ●   |      |        |                                                 |         | ●     |            |        |            |      |      | ●      | ●      |          | ●       | ▲       |        |      |               | ●     | ●    |         |
| たんぱく質が摂れる グリルチキンとビーンズのサラダ | Grilled Chicken & Beans Protein Rich Salad                | 239                            |                           |                               |      | ●      |       | ●         | ●   |      |        |                                                 |         |       |            |        |            |      |      |        | ●      | ●        |         |         |        |      |               |       | ●    |         |
| 〈選択ドレ①〉青じそオイル             | PERILLA & OIL                                             | 19                             |                           |                               |      | ●      |       | ●         | ●   |      |        |                                                 |         |       |            |        |            |      |      |        | ●      | ●        |         |         |        |      |               | ●     | ●    |         |
| 〈選択ドレ②〉にんじん&ゆず            | CARROT & YUZU                                             | 23                             |                           |                               |      | ●      |       |           |     |      |        |                                                 |         |       |            |        |            |      |      |        | ●      |          |         |         |        |      |               |       |      |         |
| 〈選択ドレ③〉ごま&ナッツ             | SESAME & NUTS                                             | 32                             |                           |                               |      | ●      |       |           |     |      | ●      |                                                 |         |       |            |        | ●          |      |      |        | ●      |          |         |         |        |      |               |       |      |         |
| 〈選択ドレ④〉和風たまねぎ             | ONION SOY SAUCE                                           | 19                             |                           |                               |      | ●      |       |           | ●   |      |        |                                                 |         |       |            |        | ●          |      |      |        | ●      | ●        |         | ●       |        |      |               |       | ●    |         |
| 揚げナスとベーコンの和風              | Japanese-style Spaghetti with Deep-fried Eggplant & Bacon | 647                            |                           |                               |      | ●      |       | ●         | ●   |      |        |                                                 |         |       |            |        |            |      |      |        | ●      | ●        |         | ●       |        |      |               |       |      |         |
| 蒸し鶏とブロッコリーのペペロンチーノ        | Spaghetti Aglio e Olio with Steamed Chicken & Broccoli    | 650                            |                           |                               |      | ●      |       |           | ●   |      |        |                                                 |         |       |            |        |            |      |      |        | ●      | ●        |         | ●       |        |      |               |       | ●    |         |
| 背徳・にんにく醤油ペペロン(デリバリー専用)    | Indulgent Garlic & Soy-Sauce Peperoncino                  | 724                            |                           |                               |      | ●      |       |           |     |      |        |                                                 |         |       |            |        | ●          |      |      |        | ●      | ●        |         | ●       |        |      |               |       |      |         |
| 旨辛・花椒麻辣ペペロン(デリバリー専用)      | Yummy Hot Pepper Mapo Peperoncino                         | 656                            |                           |                               |      | ●      |       |           |     |      |        |                                                 |         |       |            |        | ●          |      |      |        | ●      |          |         |         |        |      |               |       |      |         |
| 爆肉・厚切ベーコンペペロン(デリバリー専用)    | Meaty Thick-Sliced Bacon Peperoncino                      | 825                            |                           |                               |      | ●      |       | ●         | ●   |      |        |                                                 |         |       |            |        |            |      |      |        | ●      | ●        |         | ●       |        |      |               |       |      |         |