

Information on energy (kcal)
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 *Energy values contain all items such as sauces and toppings.

About the food allergenic substances table
 *The table lists ingredients for all items that contain allergenic substances.
 *● indicates that an item is used as an ingredient.
 *Empty cells indicate that the item is not used as an ingredient, however that the item could possibly be mixed in with other menu items during the production process or in-store preparation process.

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Menu Name	Kcal/meal	Food allergens																										
		N/A	Allergenic materials							Potentially allergenic materials																		
			Egg	Milk	Wheat	Buckwheat	Peanut	Shrimp	Crab	Abalone	Squid	Salmon roe	Orange	Kiwi	Beef	Pork	Chicken	Walnut	Salmon	Mackerel	Soybean	Matsutake	Peach	Yam	Apple	Gelatin	Banana	Sesame
Croissant	252	●	●	●																								
Crispy Chocolate Croissant	236	●	●	●															●									
Almond Caramel Croissant	242	●	●	●																								
Vanilla & Chocolate Palmiers	131	●	●	●															●									
Cream Danish	262	●	●	●															●									
Ham & Cheese Danish	268	●	●	●											●	●			●									
Cranberry & Tea Flavour Danish	339	●	●	●															●									
Apple Crown	340	●	●	●																				●				
Kit Kat in croissant	232	●	●	●															●									
Kit Kat in croissant (Matcha)	234	●	●	●															●									
Ham & Mayonnaise Danish	224	●	●	●											●				●					●				
Sausage & Cheese Danish	253	●	●	●											●				●									
French toast	198	●	●	●															●									
Mini curry bread	112	●	●	●											●	●			●									
Shrimp gratin pie	365	●	●	●				●											●					●				
Quiche pie	292	●	●	●											●				●					●	●			
Fresh tomato Margherita	261	●	●	●											●	●			●					●	●			●
Spicy Cod Roe & Potato Pizza	275	●	●	●											●				●					●	●			
Mixed Pizza	264	●	●	●											●	●			●					●	●			
Pepperoni&Cheese Pizza	331	●	●	●											●				●					●	●			
Basil Chicken Pizza	315	●	●	●											●	●			●					●	●			●
Asagopan	461	●	●	●											●				●					●	●			
Asagopan -half-	249	●	●	●											●				●					●	●			
Asagopan (cheese)	507	●	●	●											●				●					●	●			
Asagopan -half- (cheese)	254	●	●	●											●				●					●	●			
Asagopan (ham and egg)	472	●	●	●											●				●					●	●			
Asagopan -half- (ham and egg)	236	●	●	●											●				●					●	●			
Double egg Asagopan	496	●	●	●											●				●					●	●			
Double egg Asagopan -half-	248	●	●	●											●				●					●	●			
Asagopan Cod roe & Cheese	432	●	●	●											●				●					●	●			
Asagopan Cod roe & Cheese (Half)	216	●	●	●											●				●					●	●			
Sausage Egg Muffin	401	●	●	●											●				●					●	●			
Bacon cheese muffin	290	●	●	●											●				●					●	●			
Chiken Namban Sandwich	333	●	●	●								●			●				●					●	●			
Cheese & Hamburg Steak Sandwich	338	●	●	●											●	●	●		●					●	●			
Bacon & Omelette Sandwich	337	●	●	●											●	●			●					●	●			
Toast,boiled Egg,Salad and Drink	324	●	●	●											●				●					●	●			
Toast,Yogurt,Salad and Drink	267	●	●	●											●	●			●					●	●			
Ham&Cheese Toast,Boiled Egg,Salad and Drink	458	●	●	●											●	●			●					●	●			
Ham&Cheese Toast,Yogurt,Salad and Drink	401	●	●	●											●	●			●					●	●			
Vitamin salad& cheese omelette set	544	●	●	●											●				●					●	●			
Additional ¥120 applicable for Toast and Margarine	202	●	●	●											●				●					●	●			
Additional ¥130 applicable for a Croissant	252	●	●	●											●				●					●	●			
Margarine	53		●																●					●	●			
Pizza toasy,Boiled Egg,Salad and Drink	385	●	●	●											●	●			●					●	●			
Pizza toasy,Yogurt,Salad and Drink	329	●	●	●											●	●			●					●	●			
Toast,Bacon and eggs,Salad and Drink	435	●	●	●											●	●			●					●	●			
Corn Potage	146		●	●															●					●	●			
Hot Dog	199	●	●	●											●				●					●	●			
Hot Dog with cheese	244	●	●	●											●				●					●	●			

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Kit Kat	64		●	●															●									
Crispy! Melonpan-crust Cookie	153		●	●	●														●									
Financiers (Butter)	94		●	●	●														●									
Sweet Potato	164		●	●	●														●									
Belgian waffle (plain)	220		●	●	●														●									
Banana & Walnut Pound Cake	214		●	●	●													●	●							●		
Pumpkin & Chocolate Pound Cake	212		●	●	●														●									
Fruits Cake	247		●	●	●							●							●					●				
Banana & Walnut Pound Cake	273		●	●	●													●	●							●		
Fluffy Baumkuchen	242		●	●	●														●									
Cinnamon raisin sandwich	152		●	●	●							●							●									
Strawberry & Yogurt Mille Crepes	239		●	●	●														●									
Brule in Baumkuchen	327		●	●	●														●						●			
New York Cheese Cake	277		●	●	●														●									
Sicilia Lemon Chiffon Cake	235		●	●	●														●									
Summer Fruits Tart	274		●	●	●							●	●						●		●				●			
Soft & Creamy Mango Cake	256		●	●	●														●									
Walnut Gorgonzola Cheese Cake	257		●	●	●														●	●								
Chocolate Chunk Scone	investigation		●	●	●														●						●			
Rich Mont Blanc	340		●	●	●														●						●			
Cheese Soufflé Pancake	431		●	●	●														●						●			
Cheese Soufflé Pancake with whipped cream	466		●	●	●														●						●			