

Energy and Food Allergy Information

■ Pronto items for sale - [Café Time Drink Menu]

Updated: June. 4.2018

Information on energy (kcal)
 • This is vendor information or totals based on the food standards composition table.
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About the food allergenic substances table
 • This is created based on ingredients used in menu items
 • ● indicates that an item is used as an ingredient.
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* Information on menu items are updated as needed, so please be sure to check them regularly.
 * For menu items that do not have any information listed, please contact Pronto directly.

| Menu Name | Kcal/meal | Food allergens | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|--|-----------|----------------------|-----|------|-------|-----------|--------|--------|----------------------------------|---------|-------|------------|--------|------|------|------|---------|--------|--------|----------|---------|-----------|-------|-----|-------|---------|--------|--------|------------|
| | | Allergenic materials | | | | | | | Potentially allergenic materials | | | | | | | | | | | | | | | | | | | | |
| | | N/A | Egg | Milk | Wheat | Buckwheat | Peanut | Shrimp | Crab | Abalone | Squid | Salmon roe | Orange | Kiwi | Beef | Pork | Chicken | Walnut | Salmon | Mackerel | Soybean | Matsutake | Peach | Yam | Apple | Gelatin | Banana | Sesame | cashew nut |
| Hot coffee (R) | 4 | ● | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Hot coffee (M) | 5 | ● | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Hot coffee (L) | 7 | ● | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| American coffee (R) | 4 | ● | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| American coffee (M) | 5 | ● | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| American coffee (L) | 7 | ● | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Espresso coffee (S) | 5 | ● | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Espresso coffee (W) | 11 | ● | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Cafe latte (R) | 99 | | | ● | | | | | | | | | | | | | | | | | | | | | | | | | |
| Cafe latte (M) | 114 | | | ● | | | | | | | | | | | | | | | | | | | | | | | | | |
| Cafe latte (L) | 158 | | | ● | | | | | | | | | | | | | | | | | | | | | | | | | |
| Cappuccino (R) | 79 | | | ● | | | | | | | | | | | | | | | | | | | | | | | | | |
| Cappuccino (M) | 100 | | | ● | | | | | | | | | | | | | | | | | | | | | | | | | |
| Cappuccino (L) | 144 | | | ● | | | | | | | | | | | | | | | | | | | | | | | | | |
| Caffe mocha (R) | 138 | | | ● | | | | | | | | | | | | | | | | | ● | | | | | | | | |
| Caffe mocha (M) | 195 | | | ● | | | | | | | | | | | | | | | | | ● | | | | | | | | |
| Caffe mocha (L) | 278 | | | ● | | | | | | | | | | | | | | | | | ● | | | | | | | | |
| Iced coffee (R) | 5 | ● | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Iced coffee (M) | 7 | ● | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Iced coffee (L) | 9 | ● | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Iced cafe latte (R) | 99 | | | ● | | | | | | | | | | | | | | | | | | | | | | | | | |
| Iced cafe latte (M) | 127 | | | ● | | | | | | | | | | | | | | | | | | | | | | | | | |
| Iced cafe latte (L) | 158 | | | ● | | | | | | | | | | | | | | | | | | | | | | | | | |
| Iced cafe mocha (R) | 153 | | | ● | | | | | | | | | | | | | | | | | ● | | | | | | | | |
| Iced cafe mocha (M) | 211 | | | ● | | | | | | | | | | | | | | | | | ● | | | | | | | | |
| Iced cafe mocha (L) | 260 | | | ● | | | | | | | | | | | | | | | | | ● | | | | | | | | |
| Green Rooibos Fruit Tea | 0 | ● | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Single Estate Darjeeling Tea, "Teesta Valley Tea Estate" India | 3 | ● | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Royal milk tea | 163 | | | ● | | | | | | | | | | | | | | | | | | | | | | | | | |
| Iced Tea (R) | 4 | ● | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Iced Tea (M) | 4 | ● | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Iced Tea (L) | 4 | ● | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Iced Lemon Tea (R) | 2 | ● | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Iced Lemon Tea (M) | 2 | ● | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Iced Lemon Tea (L) | 3 | ● | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Iced royal milk tea (R) | 55 | | | ● | | | | | | | | | | | | | | | | | | | | | | | | | |
| Iced royal milk tea (M) | 72 | | | ● | | | | | | | | | | | | | | | | | | | | | | | | | |
| Iced royal milk tea (L) | 93 | | | ● | | | | | | | | | | | | | | | | | | | | | | | | | |
| Green Rooibos Fruit Tea | 0 | ● | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Milk (R) | 116 | | | ● | | | | | | | | | | | | | | | | | | | | | | | | | |
| Milk (M) | 136 | | | ● | | | | | | | | | | | | | | | | | | | | | | | | | |
| Milk (L) | 177 | | | ● | | | | | | | | | | | | | | | | | | | | | | | | | |
| Iced milk (R) | 109 | | | ● | | | | | | | | | | | | | | | | | | | | | | | | | |
| Iced milk (M) | 143 | | | ● | | | | | | | | | | | | | | | | | | | | | | | | | |
| Iced milk (L) | 184 | | | ● | | | | | | | | | | | | | | | | | | | | | | | | | |
| Matcha Latte (R) | 112 | | | ● | | | | | | | | | | | | | | | | | | | | | | | | | |
| Matcha Latte (M) | 134 | | | ● | | | | | | | | | | | | | | | | | | | | | | | | | |
| Matcha Latte (L) | 193 | | | ● | | | | | | | | | | | | | | | | | | | | | | | | | |
| Iced Matcha Latte (R) | 148 | | | ● | | | | | | | | | | | | | | | | | ● | | | | | | | | |
| Iced Matcha Latte (M) | 203 | | | ● | | | | | | | | | | | | | | | | | ● | | | | | | | | |
| Iced Matcha Latte (L) | 257 | | | ● | | | | | | | | | | | | | | | | | ● | | | | | | | | |

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| Cocoa (R) including whip | 160 | | | ● | | | | | | | | | | | | | | | | | ● | | | | | | | | | |
| Cocoa (M) including whip | 208 | | | ● | | | | | | | | | | | | | | | | | | ● | | | | | | | | |
| Cocoa (L) including whip | 291 | | | ● | | | | | | | | | | | | | | | | | | ● | | | | | | | | |
| Iced cocoa (R) including whip | 152 | | | ● | | | | | | | | | | | | | | | | | | ● | | | | | | | | |
| Iced cocoa (M) including whip | 191 | | | ● | | | | | | | | | | | | | | | | | | ● | | | | | | | | |
| Iced cocoa (L) including whip | 265 | | | ● | | | | | | | | | | | | | | | | | | ● | | | | | | | | |
| Orange juice (R) | 53 | | | | | | | | | | | ● | | | | | | | | | | | | | | | | | | |
| Orange juice (M) | 70 | | | | | | | | | | | ● | | | | | | | | | | | | | | | | | | |
| Orange juice (L) | 90 | | | | | | | | | | | ● | | | | | | | | | | | | | | | | | | |
| Grape fruit juice (R) | 62 | ● | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Grape fruit juice (M) | 82 | ● | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Grape fruit juice (L) | 105 | ● | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Pepsi cola (R) | 72 | ● | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Pepsi cola (M) | 94 | ● | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Pepsi cola (L) | 121 | ● | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Oolong tea | 0 | ● | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Caffe latte for morning | 141 | | | ● | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Iced cafe latte for morning | 116 | | | ● | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Iced Coffee (XL size) | 10 | ● | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Iced Café au Lait (XL size) | 114 | | | ● | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Salty Watermelon Juice (R) | 59 | ● | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Salty Watermelon Juice (M) | 78 | ● | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Salty Watermelon Juice (L) | 100 | ● | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Watermelon Juice & Milk | 110 | | | ● | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Watermelon Juice with Almond Jelly | 156 | | | ● | | | | | | | | | | | | | | | | | | | | | | | ● | | | |
| Watermelon Frozen | 112 | | | | | | | | | | | ● | | | | | | | | | | | | | | | | | | |
| Jasmine Earl Grey Tea (R) | 1 | ● | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Jasmine Earl Grey Tea (M) | 1 | ● | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Jasmine Earl Grey Tea (L) | 2 | ● | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Caramel Masala Chai | 137 | | | ● | | | | | | | | | | | | | | | | | | | | | | | | | | |
| White Chocolate Mocha (ice) | 199 | | | ● | | | | | | | | | | | | | | | | | | | | | | | | | | |
| White Chocolate Mocha (hot) | 199 | | | ● | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 1 gomme syrup | 4 | ● | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 1 coffee creamer | 11 | | | ● | | | | | | | | | | | | | | | | | | ● | | | | | | | | |
| 1 sugar stick | 12 | ● | | | | | | | | | | | | | | | | | | | | | | | | | | | | |